

Report to the Environmental Protection Agency

Maine Healthy Beaches Program Annual Beach Grant Report 2019 Season *June 2020*

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I. Program Accomplishments

Maine Healthy Beaches (MHB) is managed by the Maine Department of Environmental Protection (ME DEP). In 2019, MHB staff worked with 29 local management entities to conduct routine monitoring, assessment, and public notification of water quality conditions for 63 beach management areas spanning Kittery to Mount Desert Island. MHB staff continued to build local capacity to make well-informed beach management decisions and to address pollution issues when they arose.

The MHB program accomplished the following in 2019:

- Processed 1620 enterococci samples at 130 routine and enhanced monitoring locations.
- Trained approximately 200 beach managers, local staff, and volunteers to collect water samples, conducted technical trainings for local staff and volunteers, and facilitated planning/problem-solving meetings.
- Implemented precautionary rainfall advisories at 21 beaches impacted by non-point source pollution.
- Analyzed 327 samples for optical brightener levels to target human-sourced fecal contamination at 62 enhanced monitoring locations.
- Implemented objectives of the program's MHB Quality Assurance Project Plan (QAPP, 2016-2021) approved by ME DEP and EPA.
- Supported enhanced monitoring and pollution remediation efforts for: Ogunquit River watershed, Wells Harbor, Goose Rocks Beach watershed, Kennebunk River watershed, Goosefare Brook watershed, Biddeford Pool, Crescent Beach State Park, Willard Beach stormwater system, Town Landing (Cumberland), and MDIBL efforts in Acadia.
- Continued an applied research partnership with the University of New Hampshire (UNH) to test for human and non-human DNA markers utilizing microbial source tracking (MST) techniques.
- Continued updates to the MHB Risk Assessment Matrix (RAM), an evaluation of water quality trends and potential sources of fecal bacteria impacting coastal beaches.
- Continued implementing measures outlined in the EPA approved beach action value (BAV) justification.
- Transformed data to action items and served on several working groups for improving water quality and ecosystem health.
- Provided expertise and advised towns/groups interested in monitoring freshwater recreation areas as well other areas along the coast.
- Presented to local and regional audiences.

II. Program Deliverables/Appendices

- Appendix A MHB 2019 Budget Summary
- Appendix B MHB 2019 Beach Mgt. Area Classification/Tiered Monitoring Plan
- Appendix C MHB 2019 Notification Activity
- Appendix D Summary Report of Enhanced Monitoring and Pollution Source Tracking Efforts in Goosefare Brook, Maine, 2012-2019. Maine Healthy Beaches, Maine Department of Environmental Protection.

- Appendix E Summary Report of Enhanced Monitoring and Pollution Source Tracking Efforts in the Willard Beach Watershed, South Portland, Maine, 2012-2019. Maine Department of Environmental Protection.
- Appendix F Summary report of Enhanced Monitoring and Pollution Source Tracking Efforts in the Goose Rocks Beach Watershed, Kennebunkport, Maine, 2018-2019. Maine Department of Environmental Protection.

III. Budget Information

Program Activities

There are more than 29 miles of public access beaches along Maine's coast.

The US EPA sponsored MHB program 2019 budget (Appendix A) supported all routine monitoring, assessment, notification, education/outreach, and enhanced monitoring and source-tracking efforts including:

- Salaries for three staff including two DEP staff and a Maine Conservation Corps (AmeriCorps) Environmental Steward. DEP staff included one full-time Program Coordinator position and one half-time Program Data Manager position. This team of personnel provided extensive support to 29 local management entities (towns, state parks, a national park, and private beach associations) including program coordination, quality-assured protocols and structure, field/lab trainings, technical assistance, volunteer recruitment, education/outreach, etc.
- Program Data Manager provided data management services, transferred MHB data to DEP's Environmental and Geographic Analysis Database (EGAD) system, managed the submission of MHB data into the US EPA databases (STORET and PRAWN), and fulfilled data requests as needed.
- Planning and problem-solving meetings with diverse partners including local beach managers, conservation commissions, consultants, researchers, etc.
- Field monitoring supplies, equipment, volunteer training packets, and quality-assurance including annual field, database, and observational trainings for nearly 200 citizen volunteers and local staff.
- Laboratory equipment, supplies, labor, sample transport (courier), training, and quality assurance support for four laboratories processing enterococci samples for 63 beach management areas spanning a large geographic area (approximately 200 mi.).
- Enhanced monitoring and pollution identification efforts as well as numerous planning and problem-solving meetings with diverse partners.
- Education and outreach efforts including delivering presentations to local and regional audiences, development and distribution of numerous resources, etc.
- A contract with Relyon Solutions to host the MHB database and public interface, as well as consultant services.
- Miscellaneous expenses including travel, telephone, computer services, postage, office support and supplies, photocopying, etc.

Volunteer Contribution

MHB program participation is voluntary and towns/parks designate local beach managers and field monitors to collect samples. Beach managers are typically town administrators, health

nurses, fire chiefs, state park managers, and others who participate as an add-on to full-time jobs and schedules. Towns and state parks utilize citizen volunteers or devote paid staff time to sample collection, transport, and data entry. Each of the local staff/volunteer monitors attend a pre-season field training and contribute an average of three hours weekly to sampling during the monitoring season. A conservative estimate of the total volunteer monitor contribution to the MHB program was approximately 8,000 hours (\$23/hour) for a total of \$184,000 in 2019.

IV. Performance Criteria

In 2019, the MHB program continued to provide a unified structure and quality-assured tools to implement an adaptive monitoring regime, assess the risk of pollution, notify the public of water quality conditions, and promote best practices on the beach and surrounding drainage areas. In 2019, MHB staff also provided ongoing daily training and technical support including responding in real-time to water quality data, assessing pollution/risk of illness, and notifying the public of conditions on coastal beaches.

Monitoring

The MHB program is voluntary and monitoring coastal water quality for swimming and other water contact is the responsibility of local jurisdictions and is not mandated by state law. US EPA funding supports monitoring of moderate to high use beaches with adequate public access. Maine law allows public use of private beaches for “fishing, fowling and navigation” only. Participating beaches must have a management entity capable of meeting objectives and requirements outlined in the MHB program QAPP and MHB Program Town/Park Agreement. New beaches will be recruited over time as resources and funding allow and/or circumstances change eligibility for program participation.

In 2019, MHB staff successfully worked with 29 diverse local management entities to conduct routine monitoring for 63 beach management areas (Appendix B), 48 were classified as “Tier-1,” 15 were classified as “Tier-2” (reduced monitoring effort), and “Tier-3”¹ beaches were not monitored (i.e. did not participate in the program). Through the 2016 BAV selection process, Maine’s participating beaches were evaluated and reclassified where necessary in order to reallocate resources to support increased monitoring efforts for beaches categorized as “high-risk”. For beaches considered “low-risk”, reclassification resulted in a reduced monitoring frequency, typically to a bi-weekly or monthly routine.

The monitoring season lasted approximately three months, extending from Memorial Day to Labor Day. Approximately 1620 samples were collected at 130 routine and enhanced monitoring locations spanning Kittery to MDI. Monitoring sites for each beach were based on where people swim, at freshwater inputs (rivers, streams, storm drains), and near other high-risk features, wildlife areas, etc. Samples were collected in two to three feet of water at six to eight inches below the surface. For areas experiencing chronic bacterial pollution, additional monitoring sites were added in suspect areas to help determine contributing pollution sources and/or the worst-case scenario for water quality.

¹ MHB’s Tier-3 beach designation is equivalent to EPA’s Tier 4 designation.

Parameters included: enterococci bacteria, air and water temperature, salinity, tidal stage, rainfall, and additional weather/field conditions that may affect beach water quality. Monitoring sites were resampled as soon as possible following an exceedance and the monitoring frequency increased until results were within acceptable limits. Samples were transported to the laboratory (four regional – Maine Environmental Lab, Portland Water District, Rockland Wastewater Treatment Facility, Mount Desert Island Biological Laboratory) for analysis within six hours of collection. Samples were analyzed using the IDEXX Enterolert® Most Probable Number enumeration method. All samples and parameters were collected and analyzed according to the US EPA-approved QAPP.

Assessment

In addition to routine beach monitoring, MHB staff evaluated the risk of pollution and potential/actual sources via a Risk Assessment Matrix (RAM), and in some cases, through GIS mapping and analysis, enhanced monitoring, and other pollution source-tracking efforts. MHB staff continued updates to the RAM for each Beach Management Area (BMA) in 2019, and these preliminary assessments of shoreline characteristics, non-point and point sources of pollution (on and offshore) and water quality, inform local beach management decisions. This risk-based ranking system also guides the program's beach classification and monitoring regime and determines the need for more in-depth monitoring and sanitary surveys.

In an effort to assess water quality and pollution sources in 2019, the program supported enhanced monitoring and source-tracking efforts for: Ogunquit River watershed, Wells Harbor, Goose Rocks Beach watershed, Kennebunk River watershed, Goosefare Brook watershed, Biddeford Pool, Crescent Beach State Park, Willard Beach stormwater system, Town Landing (Cumberland), and MDIBL efforts in Acadia.

Notification

In 2019, beach monitoring results were recorded in the MHB program internal database that automatically updated the program website www.MaineHealthyBeaches.org. Maine's US EPA-approved single sample maximum safety threshold or Beach Action Value (BAV) for enterococci in marine waters was 104 most probable number (MPN²)/100mL. Once a decision was made to post the beach, the information was made publicly available via the website and signage at beach access points. When results exceeded the safety limit, and/or a beach status change occurred, an automatic email alert was sent to local beach managers, MHB staff, and partners. In some cases, towns provided supplemental information by providing educational signage (e.g. risk following rainfall, stagnant tide pools), content on local websites, Facebook pages, and hotlines. All beaches attributes, monitoring, and notification data was transferred to DEP's data management system for final submission into EPA's databases. The MHB program continued to make local beach information (site locations, monitoring and notification data, contact information, etc.) more easily accessible to the public via the program's website.

² EPA's 2012 Recreational Water Quality Criteria (RWQC) recommends using EPA Method 1600 (resulting in colony forming units (CFUs)) to measure culturable enterococci, or another equivalent culturable method. MHB utilizes the equivalent IDEXX Enterolert® method (resulting in most probable number (MPN) per 100mL).

Beach postings fall under local jurisdiction and are not mandated by state law. The program made recommendations to local beach managers based on the best and most current information available. In some cases, local managers waited for resample results before posting contamination advisories. Typically, this was for “low-risk” beaches, and the decision was based on the results of neighboring sites, the magnitude of bacteria results, similarity of environmental conditions between sample collection day and results, historical water quality, risk of pollution, known pollution events, etc. Many towns/parks continued posting precautionary rainfall advisories (PRAs) (based on local precipitation levels rather than elevated bacteria) in 2019. An extensive Communication Plan of local beach managers and field monitors was updated for re-sampling efforts and beach status notification in 2019. Following each exceedance, MHB staff contacted local jurisdictions to ensure that program protocols were followed in a timely manner according to the QAPP. On a daily basis, MHB staff quality-checked the database for accurate entry of field, laboratory, and notification data.

Additionally, MHB staff responded to numerous data and information requests from program participants, state agency partners, non-profits, researchers, students, etc. The MHB program routine and enhanced monitoring data was used by partners to inform ongoing efforts to address impaired water quality including funding proposals to support pollution source identification and elimination projects, ongoing research initiatives, as well as watershed management, stormwater management, and comprehensive and water resource protection plans.

Education and Outreach

In 2019, MHB staff continued efforts to educate beach managers regarding program and notification protocols as needed and routinely shared research findings, program updates, etc. with local staff and volunteers. Additional support was provided as needed regarding local implementation of the program, issues of concern, etc. MHB staff delivered presentations to diverse audiences and provided extensive support to communities and organizations tackling bacterial pollution issues within and outside of Maine.

V. Data Summaries

- 1620 enterococci samples (including field and laboratory duplicates) were processed at 85 routine beach monitoring sites (comprising 63 BMAs in 29 towns/state parks) and 45 enhanced monitoring sites (Figure 3)³.
- 100% of Tier 1 beaches were monitored.
- 4.6% routine samples exceeded Maine’s 104 MPN/100mL beach notification threshold.
- 224 beach action days were reported including 116 actions at 28 beach management areas. 80 days were for contamination advisories and closures (35 advisories and 1 closure).
- The majority of reported action days were “precautionary rainfall advisories (144 days, 80 advisories),” based on local precipitation levels rather than recorded bacteria levels (Appendix C).
- 96.4% of total beach days (beach season length x beach management areas) were free of beach advisories or closures.

³ Sites located in close proximity to BMAs or in enhanced monitoring locations to help identify pollution sources.

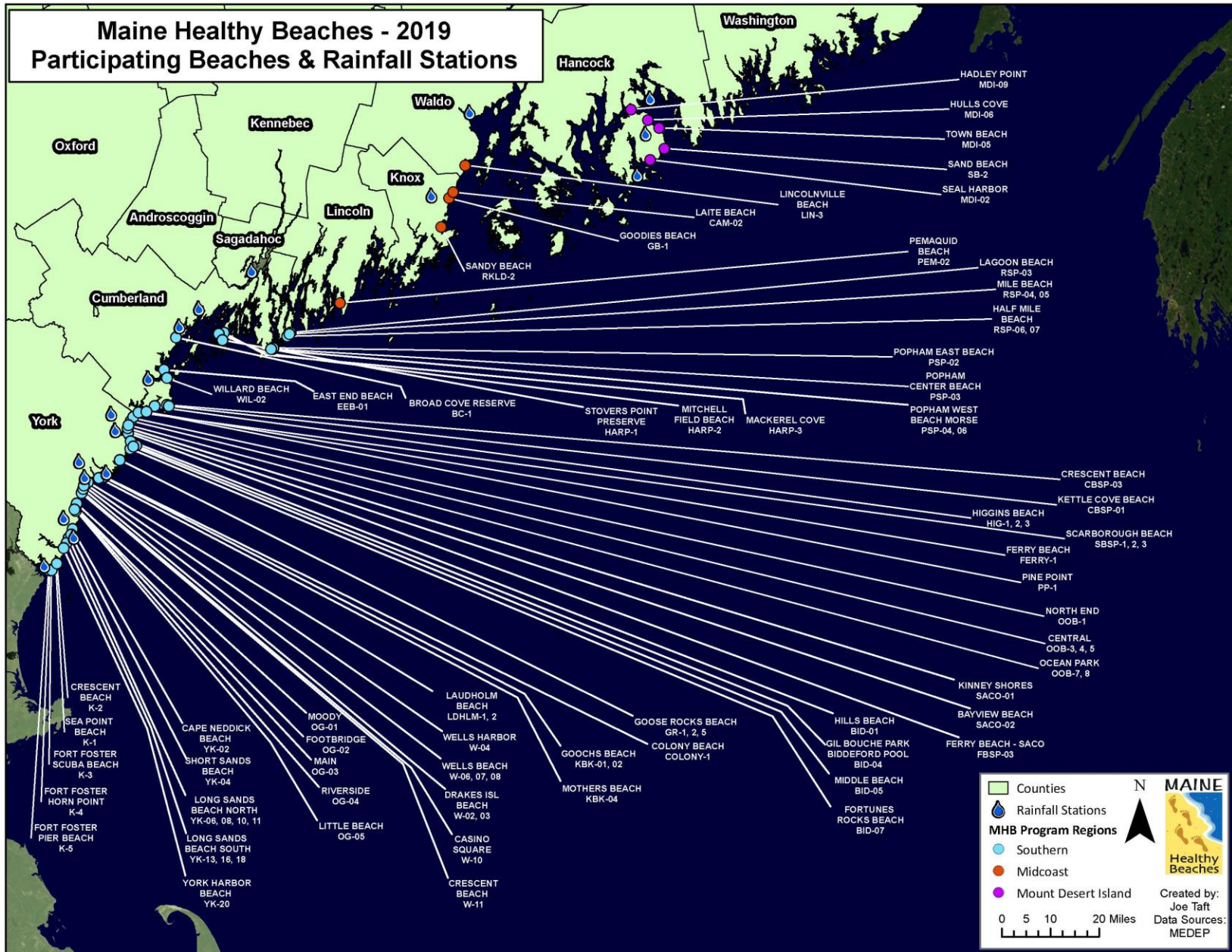
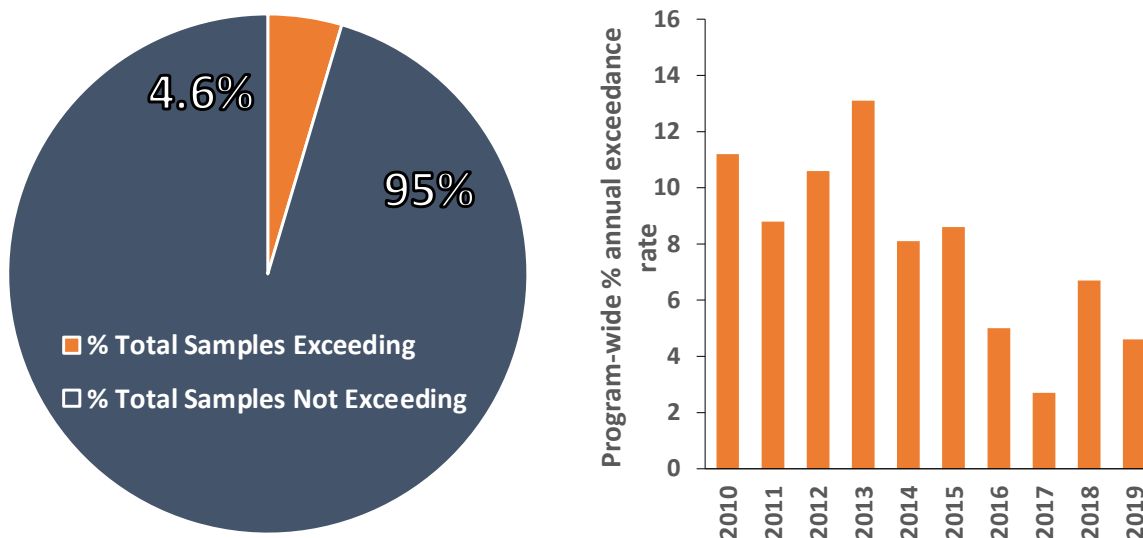


Figure 3. MHB’s 2019 participating BMAs (Southern, Midcoast, and Mount Desert Island (MDI) regions) and NCDC rainfall stations.

Exceedances

Maine's US EPA-approved single sample maximum safety threshold or Beach Action Value (BAV) for enterococci in marine waters is 104 MPN/100mL. The 2019 overall program exceedance rate of Maine's BAV was 4.6%, representing 49 total exceedances at 22 beach management areas (Figure 1, Table 1). This represents a decrease in exceedance rate compared to 2018 and is the second lowest observed for the past 10 years (Figure 2).



Figures 1-2. The 2019 total annual % exceedance rate of Maine's BAV (104 MPN/100mL) and MHB's program-wide annual exceedance rate for the past ten seasons (2010-2019).

Maine's beaches span a wide geographic area and as a result, average precipitation levels observed at 13 coastal rainfall stations located in close proximity to participating BMAs, varied distinctly (10.78-18.02 inches) (Figure 3). Typically, the pattern of yearly exceedance rates (shown in Figure 2) corresponds with the amount of average precipitation during the beach season. In 2019, greater average precipitation (13.21 inches) was observed compared to the past 4 seasons (2018: 10.16 in; 2017: 7.29 in; 2016: 9.14 in.; 2015: 12.00), but the exceedance rate remained lower than three of those years. Distinctly higher accumulations were observed for the midcoast and MDI regions compared to the southern Maine region. This likely drove the increase in program-wide average precipitation for 2019.

Inter-annual variability of the total program percent exceedance rate is due to multiple factors including but not limited to: precipitation levels, beach and watershed characteristics (e.g. impervious surfaces, pollution sources), sample collection day/time, the number of monitoring sites and beach management areas, etc.

Table 1. All BMAs with exceedances of Maine's single sample maximum BAV for enterococci in marine waters (104 MPN/100mL). Summaries include total number of samples, number of samples ≥ 104 MPN/100mL, and % samples ≥ 104 MPN/100mL.

Beach Management Area	Site Name(s)	# Samples	# Samples ≥ 104	% Samples ≥ 104
RIVERSIDE (OGUNQUIT)	OG-4	18	6	33.3%
CAPE NEDDICK BEACH	YK-2	16	3	18.8%
LITTLE BEACH	OG-5	15	2	13.3%
SANDY BEACH	RKLD-2	15	2	13.3%
SHORT SANDS BEACH	YK-4	15	2	13.3%
WELLS HARBOR	W-4	15	2	13.3%
GOOSE ROCKS	GR-1, GR-2, GR-5	78	9	11.5%
EAST END BEACH	EEB-01	27	3	11.1%
LAUDHOLM BEACH	LDHLM-1, LDHLM-2	29	3	10.3%
LINCOLNVILLE BEACH	LIN-3	13	1	7.7%
COLONY BEACH	COLONY-1	27	2	7.4%
HIGGINS BEACH	HIG-1, HIG-2, HIG-3	42	3	7.1%
CRESCENT BEACH (KITTERY)	K-2	14	1	7.1%
FERRY BEACH (SCARBOROUGH)	FERRY-1	14	1	7.1%
GOODIES BEACH	GB-1	14	1	7.1%
MITCHELL FIELD BEACH	HARP-2	14	1	7.1%
YORK HARBOR BEACH	YK-20	14	1	7.1%
HULLS COVE	MDI-06	16	1	6.3%
LONG SANDS BEACH - SOUTH	YK-13, YK-16, YK-18	38	2	5.3%
GOOCHS BEACH	KBK-1, KBK-2	26	1	3.8%
DRAKES ISL BEACH	W-02, W-03	27	1	3.7%
LONG SANDS BEACH - NORTH	YK-6, YK-8, YK-10, YK-11	44	1	2.3%

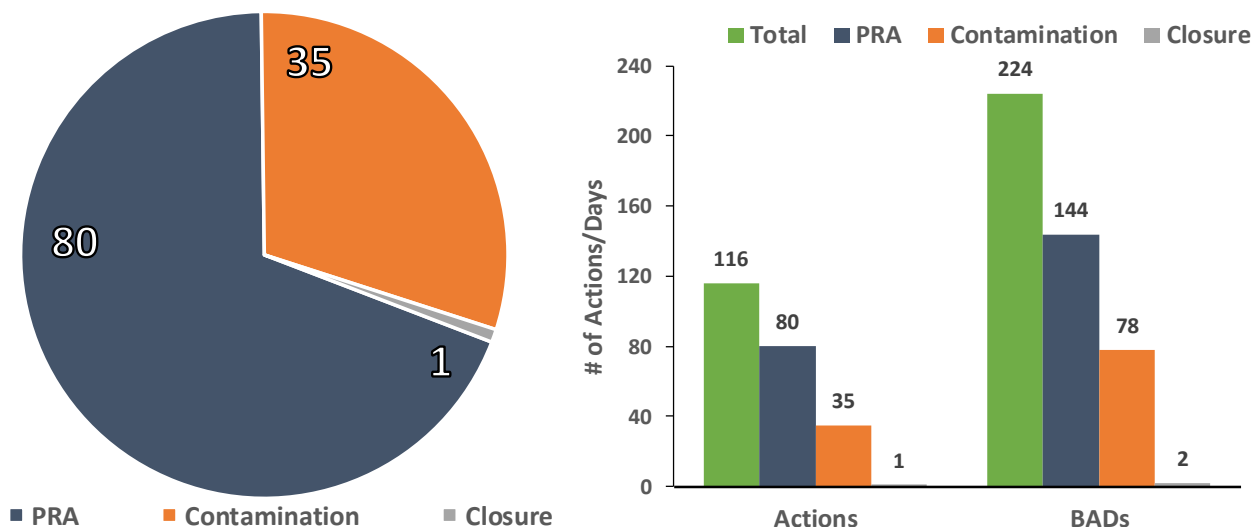
Beach Actions

In Maine, beach actions include advisories (Contamination or Precautionary Rainfall) and closures. Contamination advisories represent those issued in response to elevated bacteria results, while Precautionary Rainfall Advisories (PRAs) are issued pre-emptively based on local precipitation levels (typically following 1 inch of rainfall or more in a 24-hour period). A Beach Action Day (BAD) represents the amount of time a beach is under an advisory or closure. This distinction is used as the duration of actions varies depending on the conditions under which they were posted. BADs are calculated for each beach as the number of days where the beach was under an action for any part of a day. This may over-estimate the length of BADs in some cases.

There were 224 recorded BADs in 2019, including 78 contamination BADs (35 actions), 144 rainfall BADs (80 actions), and 2 closure days (1 closure)⁴. Rainfall advisories accounted for

⁴Total BADs include all action types (Contamination, Closure, and Precautionary Rainfall).

64% of the total 224 recorded action days as well as 69% of the total number of actions (Figures 4-5). Overall, 96.4% of total beach days (beach season length x beach management areas) were free of beach actions.



Figures 4-5. The 2019 total number of beach actions (PRAs, contamination, closures) and BADs for all participating beaches.

The total number of contamination BADs in 2019 (80) was less than those reported in 2018 (111) and the third lowest observed in the past 10 years. Two beach management areas (Riverside and Goose Rocks) collectively accounted for 40% of the reported contamination BADs in 2019 (Table 2). The increase in total beach actions and total BADs for 2019 compared to the past several seasons is due, in-part, to greater levels of precipitation and an increase in towns/parks implementing PRAs. There were more PRAs posted (80 actions) in 2019 compared to all previous years, with nearly twice as many posted as in 2018 (42 actions).

Depending on the timing of results and the availability of monitors/laboratories, resampling did not always occur the same day results were available. Also, beach managers sometimes kept an advisory in place until the next routine monitoring day indicated acceptable enterococci levels. There were also some “running” advisories where PRAs blended with contamination advisories and vice versa. PRAs often preceded contamination advisories and once bacteria results were available, PRAs were lifted, and contamination advisories were put in place until routine results indicated safe levels. These factors, as well as the practice of counting any part of one day as an action day, inflated the duration and number of beach action days in 2019.

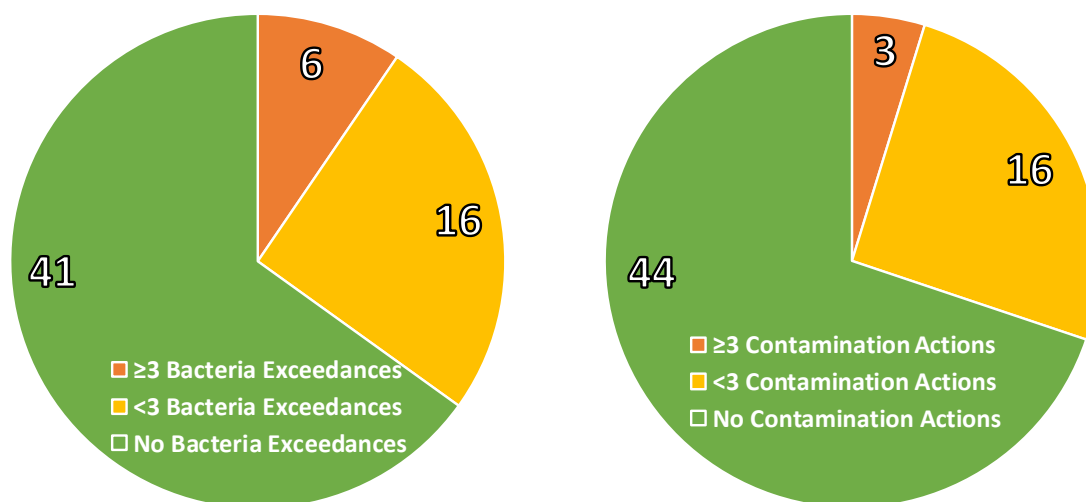
Table 2. All BMAs with contamination actions (closures and advisories) in 2019. Summaries include the total number of contamination actions, number of contamination BADs, and the % of total contamination BADs the number of contamination BADs represents for each beach.

Beach Management Area	Site Name	# Contamination Actions	# Contamination BADs	% Total Contamination BADs
RIVERSIDE BEACH	OG-04	5	17	21.3%
GOOSE ROCKS BEACH	GR-1, GR-2, GR-5	6	15	18.8%
SANDY BEACH	RKLD-2	2	6	7.5%
SHORT SANDS BEACH	YK-04	2	5	6.3%
EAST END BEACH	EEB-01	3	4	5.0%
LONG SANDS BEACH - SOUTH	YK-13, YK-16, YK-18	2	4	5.0%
CAPE NEDDICK BEACH	YK-02	2	4	5.0%
WELLS HARBOR BEACH	W-04	2	4	5.0%
HIGGINS BEACH	HIG-1, HIG-2, HIG-3	2	3	3.8%
GOOCHS BEACH	KBK-1, KBK-2	1	3	3.8%
LITTLE BEACH	OG-05	1	3	3.8%
GOODIES BEACH	GB-1	1	2	2.5%
LONG SANDS BEACH - NORTH	YK-06, YK-08, YK-10, YK-11	1	2	2.5%
YORK HARBOR BEACH	YK-20	1	2	2.5%
DRAKES ISLAND BEACH	W-02, W-03	1	2	2.5%
HULLS COVE	MDI-06	1	1	1.3%
COLONY BEACH	COLONY-1	1	1	1.3%
MITCHELL FIELD BEACH	HARP-2	1	1	1.3%
LINCOLNVILLE BEACH	LIN-3	1	1	1.3%

High Risk Beaches

In 2019, 65% of BMAs (41/63 BMAs) were free of bacteria exceedances (Table 1, Figure 5). For the remaining 22 BMAs, 16 were observed to have <3 exceedances while the majority of exceedances (BMAs with ≥ 3 exceedances) were observed at just 6 BMAs (Tables 1, 3; Figure 5). These 6 BMAs accounted for 55% or 27 out of the total 49 observed exceedances. Similarly, 70% of BMAs were free of contamination beach actions in 2019 and 37% of the contamination actions (BMAs with ≥ 3 actions) were observed at 3 BMAs (Table 2, Figure 6.).

The MHB program provides beach management recommendations to local beach managers, but the decision to post an action at a beach falls under local jurisdiction. For that reason, the number of bacteria exceedances does not always reflect the number beach actions as action posting protocols vary locally.



Figures 5-6. The number of BMAs with ≥ 3 , ≤ 3 , or no bacteria exceedances and the number of BMAs with ≥ 3 , ≤ 3 , or no contamination actions for the 2019 beaches season.

Overall, most of MHBs participating BMAs experience either very few or no exceedances each season. Typically, only a handful of beaches contribute to the majority of exceedances for a season and, as a consequence, the majority of beach actions each year. MHB considers these BMAs with persistent bacterial contamination issues to be “higher-risk” due to various non-point and point sources of pollution impacting those beaches. In 2019, there were 9 BMAs for which $\geq 10\%$ of samples exceeded Maine’s BAV, many of which were also among the top beaches with exceedances for the past several years. Sample exceedances were associated with antecedent precipitation 50% or more of the time at all 9 BMAs, and for 5 of those, sample exceedances were associated with antecedent precipitation 100% or more of the time (Table 3, Figure 7).

Table 3. BMAs for which $\geq 10\%$ of enterococci samples exceeded Maine’s BAV. Summaries include total number of samples, number of samples ≥ 104 MPN, % samples ≥ 104 MPN, and % exceedances associated with antecedent precipitation.

Beach Management Area	Site Name	Number of samples	# Samples ≥ 104	% Samples ≥ 104	% Exceedances with Antecedent Precipitation
RIVERSIDE BEACH	OG-4	18	6	33.3%	100%
CAPE NEDDICK BEACH	YK-2	16	3	18.8%	100%
LITTLE BEACH	OG-5	15	2	13.3%	100%
SANDY BEACH	RKLD-2	15	2	13.3%	50%
SHORT SANDS BEACH	YK-04	15	2	13.3%	50%
WELLS HARBOR	W-04	15	2	13.3%	50%
GOOSE ROCKS BEACH	GR-1, GR-2, GR-5	78	9	11.5%	89%
EAST END BEACH	EEB-01	27	3	11.1%	100%
LAUDHOLM BEACH	LDHLM-1, LDHLM-2	29	3	10.3%	100%

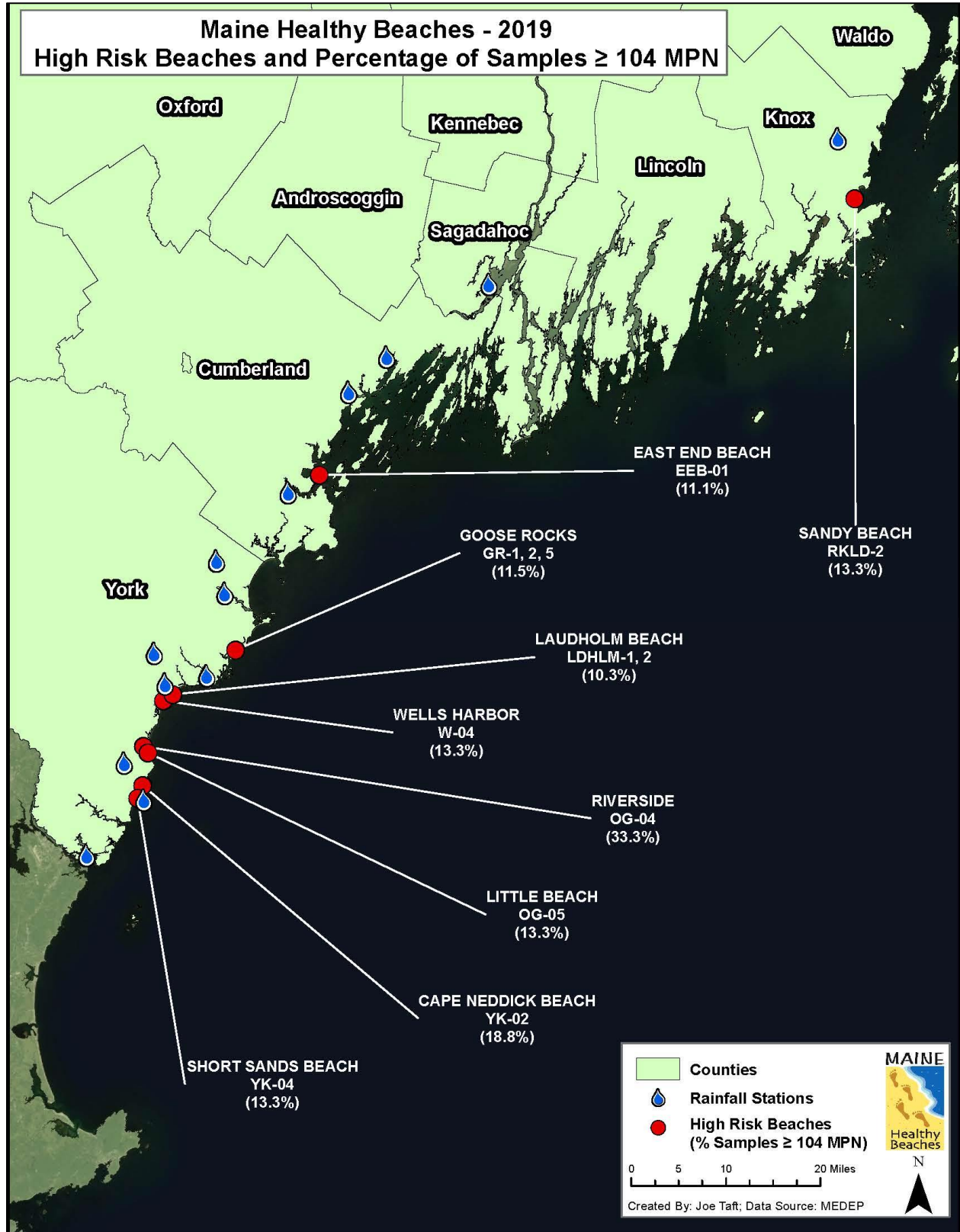


Figure 7. BMAs for which \geq 10% of samples exceeded Maine’s single sample maximum BAV for enterococci in marine waters (104 MPN/100mL).

Antecedent precipitation calculations include any precipitation concentrations observed 48 hours prior to the monitoring date as well as any precipitation observed the day of sample collections because rainfall often occurred overnight and in the early pre-monitoring morning hours. Including the precipitation levels from the day of sample collection may over-estimate the % exceedances with antecedent precipitation as it includes a portion of the day after samples have been collected; however, a reliable dataset with the precision for hourly measurements is not available at this time.

Non-point source pollution likely contributed to fecal indicator bacteria (FIB) loading at BMAs with the greatest exceedance rates in 2019, as the majority of them are impacted by freshwater inputs (rivers, streams, storm drains). As a result, pollutants are transported from upland areas during all weather conditions, but especially when it rains. MHB's historical data demonstrates a relationship between antecedent precipitation and observed bacteria exceedances. In response, many of Maine's participating towns/state parks have begun implementing preemptive PRAs during and following moderate/heavy rainfall. Given the limited 1-2x per week sampling frequency for Tier 1 beaches, this preemptive advisory protocol allows beach managers to be more protective of public health at these BMAs when bacteria results are not available.

When feasible, MHB partners with towns/state parks managing high-risk BMAs to support ongoing efforts to find, fix, and prevent bacterial pollution sources (see VI. Collaborative Efforts).

VI. Collaborative Efforts

Maine's coastal tourism and recreation industry contribute billions of dollars annually to Maine's economy and clean coastal waters are a major priority. Results from a 2015 survey of Maine residents and visitors revealed reducing coastal pollution as the first of 13 possible priority actions, and clean waters and sandy beaches were the two most important factors when planning visits to coastal areas. However, the majority of Maine's beaches are impacted by freshwater inputs that transport pollutants from upland areas. Improving coastal water quality can be challenging as sources are typically difficult to find, often requiring intensive investigations beyond the immediate shoreline. Once sources are verified, solutions are often complex and expensive. Investing in improvements to coastal water quality can confer significant benefits to local economies largely sustained by revenue from coastal beach recreation activities by decreasing potential bacteria sources at beaches and in turn, costly beach advisories and closures (Lyon et al., 2018)⁵.

The MHB program plays a critical role in keeping coastal waters healthy. Since 2003, the program has provided extensive support to communities experiencing bacterial pollution issues with a focus on sharing resources and solving problems. Some examples include: circulation studies, sanitary surveys, GIS mapping/analysis, stakeholder workshops, outreach campaigns, applying pollution source tracking tools like optical brighteners and DNA markers, etc. This

⁵ Lyon, Sarina F.; Merrill, Nathaniel H.; Mulvaney, Kate K.; and Mazzotta, Marisa J. (2018) "Valuing Coastal Beaches and Closures Using Benefit Transfer: An Application to Barnstable, Massachusetts," *Journal of Ocean and Coastal Economics*: Vol. 5: Iss. 1, Article 1.

work has built the foundation for historical and current local actions to identify, remove, and prevent pollution sources. For example, this work includes surveys of the shoreline and watershed, investigations of and improvements to wastewater/stormwater infrastructure, septic/cesspool removal, boat pump out installation, beach and watershed management plans, protective ordinances, local monitoring efforts and outreach campaigns, etc.

Enhanced monitoring

The MHB program has supported enhanced monitoring of multiple parameters (toolbox approach) targeting human sourced fecal contamination for areas demonstrating persistent bacterial pollution issues. Typically, as the number of parameters that exceed a threshold (or detectable) limit increases, so does the confidence that human sources are impacting water quality. The focus areas have changed over time with the primary targets being freshwater inputs to the shoreline. However, program data and support (historical and current) has raised awareness regarding water quality issues and has helped make addressing them a priority. Although limited resources and staff has reduced the number of toolbox parameters monitored for the past several years, MHB staff continued an applied research partnership with researchers at UNH in 2019 to incorporate microbial source tracking (MST) tools into ongoing pollution source identification and remediation efforts.

In an effort to improve water quality at participating BMAs, MHB supported efforts beyond routine beach monitoring in the Ogunquit River watershed, Wells Harbor, Goose Rocks Beach watershed, Kennebunk River watershed, Goosefare Brook watershed, Biddeford Pool, Crescent Beach State Park, Willard Beach stormwater system, Town Landing (Cumberland), and MDIBL efforts in Acadia in 2019.

These efforts included the collection and analysis of 333 samples for enterococci bacteria at 45 enhanced monitoring locations in 2019. Samples were collected upland in freshwater inputs to the beach on designated dates throughout the season or were collected on a routine basis in “high-risk” areas such as the mouths of rivers and streams, storm drains, stagnant tide pools, etc. MHB also supported assessment of intermittent, suspected sources such as seepages and runoff typically associated with heavy rainfall. Additionally, MHB staff analyzed 327 samples for optical brightener (OB) levels at 62 enhanced monitoring locations in 2019. Optical brighteners are commonly used in commercial/retail products and are typically flushed down the drain. Therefore, when optical brightener concentrations are coupled with elevated fecal bacteria levels, it can be indicative of human-sourced fecal contamination.

Working groups and applied research partnerships

In 2019, MHB staff actively participated in numerous working groups, as well as applied research partnerships that have been instrumental in improving decision-making, addressing pollution issues, reaching diverse audiences, and supporting student advancement in Maine and beyond. For example, MHB staff continued to seek feedback from local participants for the 2019 implementation of the EPA approved BAV plan (approved in 2016). MHB staff will continue to collaborate with EPA, consulting their expertise on the latest research and development of new guidance, and to seek the expertise of its advisory committee, the research community, and other

partners when necessary in establishing important program policies as well as addressing challenges.

Coastal beaches are complex systems and the regrowth and persistence of enterococci in sand, seaweed and sediments confounds our understanding of recorded bacteria levels, especially because these “naturalized” contributions have not been linked to human illness. However, studies in Maine and elsewhere have indicated extremely elevated bacteria levels in seaweed that has been cast and warmed on the beach, as well as in neighboring beach water that has rinsed previously stranded algal mats. In response to concerns, MHB staff continued to consult experts in 2019 to guide information shared with beach managers, the public, press, etc. MHB staff also worked with local and state agency partners to inform strategies that would allow communities to better and more quickly respond to episodic events that pose safety and other concerns. More research is needed to understand any health risks posed by fecal indicator bacteria (FIB) levels generated from seaweed that’s been “seeded” with fecal material from birds, pets, stormwater, etc. The MHB program will continue to consider FIB levels sourced from seaweed as a potential health risk until further research and guidance develops.

Additionally, Program staff served on the Goosefare Brook Restoration and Outreach Committees, Casco Bay Working Group, Ogunquit River Watershed Restoration Committee, Kennebec River 319 Steering and TAC committees, and Coastal Watersheds Working Group. As part of MHB’s ongoing efforts to improve the program and its effectiveness, MHB staff will continue to seek opportunities for collaboration in 2020.

The MHB program would like to thank EPA for their continued support.